



SUPER KIDS NURSERY
early childhood centre

Social Development and Emotional Intelligence

The Foundation Stage 1 years are a critical time for developing social awareness and emotional understanding. Children aged three to four become increasingly aware of others and begin forming meaningful friendships. At our nursery in Mirdif, Dubai, we emphasize the importance of social development because strong interpersonal skills support both academic success and personal wellbeing.

Group activities provide opportunities for children to practice communication and cooperation. Circle time discussions, collaborative games, and shared projects encourage children to listen to others, express their ideas, and participate in group experiences.

Friendships begin to develop more clearly during this stage. Children start choosing play partners and engaging in cooperative play such as building together, role playing, or sharing materials. Educators guide these interactions to help children learn how to take turns, share resources, and work together.

Emotional awareness also becomes more advanced. Children experience a wide range of emotions and begin learning how to express their feelings appropriately. Educators help children identify emotions such as happiness, frustration, excitement, and disappointment. By discussing these feelings openly, children develop the ability to understand and manage their emotions.

Conflict resolution is another important skill introduced during this stage. Small disagreements between children are common and provide valuable learning opportunities. Educators guide children through these situations by encouraging calm communication and helping them find solutions together.

Empathy also develops as children become more aware of the feelings of others. Through guided discussions and positive role modelling, children learn the importance of kindness, respect, and cooperation.

Routine and structure support emotional security. Predictable schedules help children understand what to expect during the day and create a sense of stability within the classroom environment.

For families searching for a nursery in Mirdif or nearby areas such as Al Warqa and Rashidiya, strong social development is an essential part of early education. Children who develop empathy, communication skills, and emotional awareness are better prepared for future school environments.

At our Dubai nursery, we focus on nurturing confident and compassionate learners who feel comfortable interacting with others and expressing themselves in a positive way.

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